



# Safeguarding Newsletter for Parents

Issue 1 - Monday

25<sup>th</sup> April 2023

Welcome to the first issue of the Safeguarding newsletter for parents. Every half term I will write a Safeguarding Newsletter with useful ideas and ways to keep your children safe when they are online.

**Children at Catherington learn that to be safe online that must:**

- Never reveal personal information, either their own or others, such as home addresses, telephone numbers and personal e-mail addresses etc.
- Not to use photographs of themselves on their web pages unless the parent/guardians have given permission to do so.
- Not to chat to people online who they don't know in real life.
- Tell a trusted adult whenever they come across information or messages that are dangerous, inappropriate, or make them feel uncomfortable.
- Be aware that the author of an e-mail or web page may not be the person they claim to be.

**Did you know that most apps have a PEGI Rating?**



If you are ever unsure about the age recommendation for an app your child wants to download you can check using this website:

<https://pegi.info/>

If you are allowing your child to go online it is important to remember these four things:

