



Our PSHE Curriculum is based on the SCARF: Safety, Caring, Achievement, Resilience, Friendship scheme of work, which centres on a values-based and 'Growth Mindset' approach.

SCARF promotes positive behaviour, mental health, wellbeing, resilience and achievement and meets the new Government Relationships Education and Health Education requirements.

Embedded within our PSHE curriculum is Trick Box, which is an emotional management & personal development programme. This programme focuses on the key 'tricks' needed to develop personal skills in the 4 Trick Box areas: Confidence, Calm, Communication and Creativity and is a complete programme for EYFS and Key Stage 1.

PSHE may overlap with other subjects (e.g. RE, Science, Topic work, Computing). The school's PSHE curriculum covers both discrete taught sessions and the broader school curriculum and ethos which aims to provide constant and meaningful opportunities for personal, social, moral and cultural development and reflection, underpinned by the school's core Christian Values of Love, Respect and Courage.



Our E-Safety curriculum runs alongside, and is complementary to, our PSHE teaching and learning. Each half term has its own e-safety focus: Self image & identity; Online relationships; Online reputation; Online bullying; Managing online information; Health, well-being & lifestyle; Privacy & security and Copyright & ownership.

The ProjectEVOLVE toolkit is based on the UKCIS framework "Education for a Connected World" (EFACW). This framework covers knowledge, skills, behaviours and attitudes across eight strands of our online lives from early years right through to eighteen. These outcomes or competencies are mapped to age and progress.

PSHE education is central to the development of the children at Catherington Church of England Infant School and centres on developing children's abilities to safeguard themselves personally, emotionally, physically and as members of a diverse and culturally rich society. The planned programme is designed to help them to consider and deal with the moral, social, safety and health-related issues that may arise in their lives and in society, so they may keep themselves safe and flourish. It aims to develop the knowledge and risk-management skills they need to live confident, healthy, independent lives as individuals, parents, workers and members of society, managing their relationships with others in a safe and secure way.